



I used to think,  
"I could never  
give my  
baby away!"

I mean, I  
didn't want

to be pregnant. I'm not ready for this baby,  
but adoption? I didn't know what I wanted  
to do, so I thought it might help to learn  
about open adoption before I decide.

With adoption today, I can pick the parents  
for my child. I can get pictures and updates as  
my child grows, if I want. I can make sure my  
baby has the kind of life I want her to have,  
the kind of life I can't provide right now. And  
I can still be a part of it!

I also learned that adoption is a decision both  
my baby and I can be proud of.

Learn the truth about adoption. It could be  
the right choice for you. Your baby is trusting  
you to make the best choice for both of you.

*Ashley*

Hear from other women  
who chose adoption:

[LifetimeAdoption.com/stories](http://LifetimeAdoption.com/stories)

## Free Confidential Adoption Answers

24 Hour Help Available  
**1-800-923-6784**

**LifetimeAdoption.com**

**HELP IN EVERY STATE!**

- All services are FREE & confidential
- Help with your expenses
- See waiting families before you decide
- FREE counseling available
- Caring & non-judgmental support
- You make the choices!

**CALL OR TEXT ANYTIME!**

**1-800-923-6784**



Download the  
**FREE**  
'Open Adoption'  
mobile app!

The choice  
is yours,  
every step  
of the way.

**LIFETIME**  
ADOPTION



See waiting  
families!



NATIONWIDE ADOPTION HELP  
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**You might think...**



*"I could  
never give  
my baby  
away."*



THE TRUTH IS...

# Adoption isn't giving your baby away.

Adoption is giving your baby a life, a stable family, and a future. Whether you're still pregnant or your baby is already here, you should know you're never stuck. The truth is you have options! The choices you make today will affect your child's future, as well as your own.

Women choosing adoption play an active part in every step of the adoption process. You can customize your child's adoption plan.

## With Open Adoption you make the choices, such as:

- You **choose your child's parents**. There are families of all races ready to adopt.
- You can **talk to, email or text, and meet the adoptive parents** before your baby is born or before the adoption takes place!
- You **decide how things go at the hospital**. You can see and hold your baby. You can even name your baby!
- You can **choose to have on-going contact** with your child and the adoptive parents after the adoption, including photos, phone calls, emails, texts, and even visits!
- You can **make plans for your future** and be proud that you gave your baby the life you wanted her to have.  
(Ask us about Birth Mother Scholarships!)

It takes courage to be honest with yourself and to ask for help.

Talk with someone about your options:  
**CALL OR TEXT: 1-800-923-6784**

"I like that I can learn about adoption without feeling pressured. Adoption would be hard, but none of my choices are easy now. Having a say in what happens is important to me. Adoption gives me choices."  
- Amanda, 26



"So, I still need to decide what I'm going to do. I'm just thinking about adoption. I want to do what is best for me and for my baby. Adoption could really be the best thing for both of us."  
- Alicia, 19



24-Hour  
Adoption  
Answer Line  
**1-800-923-6784**  
Call or Text  
Anytime!

"I never thought of choosing adoption as a way to give my baby something. I thought I'd just be losing my child. Then I learned there are adoptive parents who would treat me like extended family! I could still be a part of my child's life. Adoption could be my chance to give my baby a good life."  
- Lauryn, 20



Download a **FREE**  
Adoption Book:

**FreeAdoptionBook.com**

Or ask for a copy  
to get by mail!

